

SEVENTH SUNDAY IN ORDINARY TIME
February 19, 2012

The Most Reverend George Leo Thomas, PhD.
Bishop of Helena



Pastoral Staff to Serve You

Rev. Msgr. Kevin S. O'Neill, V.G. Rector/Pastor
 Rev. David Severson Parochial Vicar
 Mr. Michael Vreeburg Pastoral Associate/Liturgy
 Mrs. Val Krause Pastoral Associate
 Mr. Dale Fleck Director of Liturgical Music
 Br. Bob Fishman Director of Faith Formation
 Mr. Louis Gloege Business Manager

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**SHARING OUR LEGACY
 CAPITAL CAMPAIGN**
Donors: 283 Pledged: \$307,360.80
Goal: \$1,041,000.00

Thank you for your generosity!

Liturgical Schedule

WEEKEND MASS
 Saturday 5:00 p.m.
 Sunday 7:30, 9:00 and 11:00 a.m.

SAINT THEODORE - AVON
 Sunday 12:00 Noon

DAILY MASS
 Monday 7:00 a.m.
 Tuesday, Thursday, Friday 7:00 a.m. & 12:00 Noon
ASH WEDNESDAY 7:00 a.m., 12:00 Noon & 5:00 p.m.
AVON 6:00 p.m.
 Saturday 9:00 a.m.

EXPOSITION OF THE BLESSED SACRAMENT
 Friday, ff Mass until 4:00 p.m. (held in the Holy Family Chapel)

DEVOTION TO OUR MOTHER OF PERPETUAL HELP
 Tuesday following 7:00 a.m. and 12:00 Noon Mass

ROSARY
 Monday through Friday following 7:00 a.m. Mass
 Saturday 8:30 a.m.

SACRAMENT OF RECONCILIATION
 Saturday.. following the 9:00 a.m. Mass until 11:00 a.m. or by appointment

STATION OF THE CROSS
 Fridays of Lent 5:00 p.m.

MUSIC FOR LITURGY, SEVENTH SUNDAY IN ORDINARY TIME

The readings for Mass may be found at #1128 in the hymnal.

Organ: Improvisation	
Introit:	<i>Tone VIII</i>
<i>O Lord, I trust in your merciful love. My heart will rejoice in your salvation.</i>	
<i>I will sing to the Lord who has been bountiful with me.</i>	
<i>Gloria Patri et Filio et Spiritui Sancto.</i>	
<i>Sicut erat in principio, et nunc, et in saecula saeculorum. Amen</i>	
Hymn #630 Immortal, Invisible, God Only Wise	
Kyrie eleison	<i>arr. Dale Fleck</i>
Gloria (Hymnal #320)	<i>Carroll T. Andrews</i>
Hymn # 978 O Christ, The Healer	
Motet: Thou Knowest Lord The Secrets Of Our Hearts	<i>Henry Purcell</i>
The Ordinary of the Mass is Community Mass (Hymnal #353ff)	<i>Richard Proulx</i>
Communion Antiphon:	<i>Tone I</i>
<i>I will recount all your wonders, and sing psalms to your name, O Most High.</i>	
Organ: Salix (Plymouth Suite)	<i>Percy Whitlock</i>
Hymn #637 Now Thank We All Our God	
Organ: Toccata (Plymouth Suite)	<i>Percy Whitlock</i>

Liturgy

Seventh Sunday in Ordinary Time

February 19, 2012

ISAIAH 43:18-19, 21-22, 24b-25

It is I who wipe out, for my own sake, your offenses.

2 CORINTHIANS 1:18-22

Jesus was not yes and no, but yes has been in him.

MARK 2:1-12

The Son of Man has authority on earth to forgive sins.

First Sunday of Lent

February 26, 2012

GENESIS 9:8-15

God's covenant with Noah when he was delivered from the flood.

1 PETER 3:18-22

The water of the flood prefigured baptism, which saves you now.

MARK 1:12-15

Jesus was tempted by Satan, and the angels ministered to him.

A Word About the WORD

by Br. Bob Fishman

The Sacrament of Reconciliation (or Confession) is a beautiful, holy and mystical Sacrament of healing that is often misunderstood. Sometimes people will ask "can't I go straight to God? Why do I need to confess to a Priest?" This is an excellent question. In the Old Testament, God set up the Priesthood. The tribe of Levi was called out of the other tribes to be the priests and the ones who offered sacrifices on behalf of the people for the forgiveness of sins. The Jewish people always believed that only God could forgive sins and it was His authority that the priests had to do the offerings. In the New Testament it is the same. Jesus instituted the priesthood and passed on His authority as only God could do. On Easter Sunday our blessed Lord Jesus breathed on the apostles and gave them the authority to forgive sins. This was nothing new or invented by Rome, it goes all the way back to Moses and Aaron. When you go to reconciliation, you are going to God. The Priest, in the person of Christ and with His authority, is able to forgive your sins and reconcile you with God. You are whispering in the

ear of Jesus in every confession you make. It is a Sacrament of healing. I write all of this to you because today's readings are all about God forgiving sins. Isaiah tells us that God forgives our sins, yet we do not call on Him. This is even true in our day. How many good Catholics avoid going to Reconciliation because they are ashamed or embarrassed or don't know that this is for their healing. Sometimes we are afraid of the doctor or dentist because it is sometimes painful and unpleasant, yet in the end we feel much better and are healed. This Sacrament is the same. It is for our healing. We don't need to carry around all of that baggage, guilt, worries and sins. We can leave them in the confessional, and I guarantee that you will feel much better. In the gospel our Lord asks "which is easier, to say your sins are forgiven or to heal? Our Lord does both for the paralytic, and He does both for us. So, this week go to the healing waters of the Sacrament of Reconciliation and be healed and forgiven. Isn't it about time...Something to think about...*May God richly bless you always...*

Some of the congregation have asked about the text of the Responsorial Psalm that is used. Many times the text that is authorized as part of the Lectionary is used. However, in our new hymnal, there is an alternate text which is referred to as the "Grail" translation. This is also an authorized translation. From this Sunday forth, we will be using as a responsorial antiphon, one that is composed by our Director of Liturgical Music. The antiphons in our new hymnal many times are awkward in terms of key, rhythms and range. The important factor is to use one that is easily learned at first hearing. We will be using the Gregorian Chant psalm tones that are familiar to many of you.

Join in heartily as you are inspired!

Readings of the Day

Monday, February 20 Weekday

James 3:13-18

Mark 9:14-29

Tuesday, February 21 Weekday

James 4:1-10

Mark 9:30-37

Wednesday, February 22 Ash Wednesday

Joel 2:12-18

2 Corinthians 5:20-6:2

Matthew 6:1-6, 16-18

Thursday, February 23 Weekday

Deuteronomy 30:15-20

Luke 9:22-25

Friday, February 24 Weekday

Isaiah 58:1-9a

Matthew 90:14-15

Saturday, February 25 Weekday

Isaiah 58:9b-14

Luke 5:27-32

Faith Formation

LITURGY OF THE WORD FOR CHILDREN

We will gather today, Sunday, February 19th, during the 9:00 a.m. Mass with our children to hear the Gospel readings at their skill level.



ELEMENTARY EDUCATION

GRADES KINDERGARTEN - GRADE 5:

There will be **NO Class on Wednesday, February 22nd, Ash Wednesday. Next Class: Wednesday, February 29th**

3:30 - 4:45 p.m. Cathedral Center



VOLUNTEERS NEEDED

Faith Formation catechists are preparing many to receive the Sacraments of Initiation this spring: Baptism, First Eucharist and Confirmation. Each group rite is usually followed by a reception and many helpers are needed to extend a warm welcome and greet new members with joy and hospitality. If you would like to help at any or all of these receptions, please contact Br. Bob or Linda at 442-5825. Receptions are as follows: (Rite of Election on February 26th; Easter Vigil on April 7th, First Eucharist on April 22nd and Confirmation on May 20th.)



Reminder to Parents...because there are people who come into our building to use our facilities, please accompany your children to the rest rooms.



MIDDLE SCHOOL (GRADES 6-7-8)

There will be **NO Faith Formation Class on Wednesday, February 22nd which is Ash Wednesday. Next Class: Wednesday, February 29th.**

5:45 - 7:00 p.m. Brondel Center



HIGH SCHOOL/CONFIRMATION FAITH FORMATION CLASS

We will meet today, Sunday, February 19th, at 6:00 p.m. in the Brondel Center

Sacramental Preparation

BAPTISM PREPARATION

Parent Preparation sessions are offered every other month. **PLEASE REGISTER AS A MEMBER OF THE PARISH PRIOR TO REGISTERING FOR THE SESSIONS.** The next opportunity will be held February 23rd, **6:00 p.m.** in Room 110, Cathedral Center. Please call the Parish Office at 442-5825, to register for the class.



R.C.I.A. (RITE OF CHRISTIAN INITIATION FOR ADULTS)

Our next session will be held February 28th at 6:00 p.m. in the Cathedral Center. We will **not meet** on Tuesday, February 21st.



Marriage Preparation

Diocesan policy states that couples must wait 6 months from the time they first approach a priest regarding marriage and must participate in preparatory classes for the Sacrament of Marriage. Our next Marriage Preparation class is **Monday, February 20th. 7:00 - 9:00 p.m.** in Room 110 of the Cathedral Center. For information, contact Kathy Surbrugg at 442-5825.



COURAGEOUS LOVE

This is an opportunity for women to gather for prayer and reflection. We will use the book **"Courageous Love, a Bible Study on Holiness for Women"** by Stacy Mitch. Sessions will be held Wednesdays through March 14th, 9:00 - 11:00 a.m. in Room 108 of the Cathedral Center. For more information, call Kathy Surbrugg at 442-5825.



BREAD FOR THE JOURNEY

Our next gathering for women in this group will be Thursday, March 15th, at 7:00 p.m. in Room 110 of the Cathedral Center. For more information, contact Kathy Surbrugg at 442-5825.



DIVORCE Care

This is a weekly seminar and support group for people who are separated or divorced. The sessions include information about ways to heal from the hurt of divorce. If you would like more information, contact Kathy Surbrugg at 442-5825.

Memorials

In memory of:

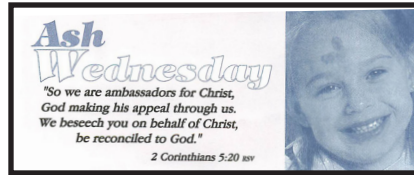
ANNETTE MITCHKE
Jerry and Kit Mitchke



Being a sign of God's love to others, we know that our gifts of treasure are essential to our mission of following the loving path of Jesus. Our faith in the future urges us to continue the journey in gratitude, holiness and service. This past weekend we received through Stewardship \$13,480.00, and loose checks/cash \$665.35 for a total of \$14,145.35.

Our weekly goal is \$16,944.43

Thank you for your generosity!



Two special collections will be taken this month... February 22nd (Ash Wednesday) and February 26th (Black and Indian Mission). Please use the envelopes in your Offertory packets.



PRAY FOR OUR SEMINARIANS

Heavenly Father, please abundantly bless these men who are in formation for the priesthood of Your Son, Jesus Christ. Grant them gifts of wisdom, knowledge, and most of all, generous hearts that they may be enflamed with love for You and Your Church. Through Christ, Our Lord. Amen.

Mount Angel Seminary, St. Benedict, Oregon

Brian Bergeron	John Crutchfield	Joseph Fleming
John Hall	William Hall	Joseph Paddock
	Cody Williams	

Mount Angel College, St. Benedict, Oregon

Bryce Lungren A. J. Vander Vos

St. Thomas Theological Seminary, Denver, Colorado

Oliver Santin

North American College, Rome

Christopher Lebsock

Theological College, Washington, D.C.

Craig Hanley

SACRAMENTS

Our Cathedral Family prayerfully celebrated with the following in their Faith Journey with a deeper and grace-filled life in Christ

Baptism

Teresa Marie Haile

daughter of Scott and Bethany

Max Henry Edwin Jasmin

son of Todd and Cory

Rosalia Thomas

daughter of Nick and Emily

Elise Kathleen Roberts

daughter of Andy and Julia



EXTRAORDINARY MINISTERS OF HOLY COMMUNION

We are in need of Extraordinary Ministers of Holy Communion for all Sunday Masses and Ministers for Funeral Masses. If you are a Roman Catholic in good standing, registered in the Cathedral Parish, and interested in this very important Lay Ministry, please call Michael Vreeburg at the Parish Office, 442-5825 for more information.

SACRAMENT OF RECONCILIATION OFFERED BY HELENA AREA PARISHES

Cathedral of Saint Helena

Saturdays following the 9:00 a.m. Mass until 11:00 a.m.

Saint Mary Catholic Community

Reconciliation Service, Monday, March 5th, 5:30 p.m.

Wednesdays, 4:30 - 5:15 p.m.

Wednesdays, March 21st and 26th, April 4th, 4:00 - 5:15 p.m.

Ss. Cyril and Methodius

Reconciliation Service, Monday, March 26th, 7:00 p.m.

Fridays, 4:30 - 5:30 p.m.

Tuesday, March 27, 4:30 - 5:30 p.m.

Our Lady of the Valley

Lenten Penance Liturgy Tuesday, March 27th, 7:00 p.m.

40 DAYS FOR LIFE

SAVE THE DATE
FEBRUARY 22 TO APRIL 1
IN HELENA

Christians throughout Helena are invited to take part in the national 40 Days for Life effort from February 22 through April 1. In addition to 40 days of prayer and fasting for an end to abortion in America, please consider volunteering to pray outside of the Planned Parenthood in Helena located at 1500 Cannon for one or more hours during the 40 days, and spread the word to others about this important life-saving effort. The 40-Days For Life Campaign is a peaceful prayer and fasting vigil to help save babies and heal women from their abortion experience. To get more information go to www.40daysforlife.com/helena.

*Friar Fred says, "Mark your calendar."
Yes, Ash Wednesday is this week!*



Wednesday is the day each of us is smudged with an ash-laden cross to remind us to turn from all that is earthly, dark and sinful and return to the Gospel of Life.

LENTEN REGULATIONS

Ash Wednesday and Good Friday are days of **Fast and Abstinence**. This means that we do not eat meat and have only one full meal.

The **Fridays** of the season of **Lent** are also days of abstinence from meat. This obligation to abstain from meat binds Catholics 14 years of age and older. The obligation to fast, limiting to one full meal and two lighter meals in the course of the day, binds Catholics from the age of 18 through 59. Those who are younger or older may freely adopt these disciplines. Lenten disciplines should never endanger your health.



ASH WEDNESDAY (February 22) SCHEDULE FOR AREA PARISHES

Cathedral of Saint Helena

7:00 a.m. Mass with Ash Distribution
12:00 p.m. Mass with Ash Distribution
5:00 p.m. Mass with Ash Distribution
6:00 p.m. Mass with Ash Distribution - **AVON**

Saint Mary Catholic Community

12:10 p.m. Mass with Ash Distribution
5:30 p.m. Mass with Ash Distribution

Ss. Cyril and Methodius

12:10 p.m. Mass with Ash Distribution
7:00 p.m. Mass with Ash Distribution

Our Lady of the Valley Parish

7:00 p.m. Mass with Ash Distribution

Thank you to Ann McCormick for her donation for flowers to enhance the environment of our Holy Family Chapel.



YOUR CATHEDRAL'S WEEKLY SCHEDULE

SUNDAY, February 19...7th Sunday in Ordinary Time

7:30, 9:00, and 11:00 a.m. Mass
9am Liturgy of Word/Children - Brondel Ctr
ff 11am **Baptism: Aaron Gabriel Trost**
son of Daniel and Catherine
Baptism: Madeline Elizabeth Ullman
daughter of Brian and Jennifer
12:15pm Cathedral Choir Practice

MONDAY, February 20...Weekday

7am Mass
6:30pm Ultreya - Brondel Ctr
7pm Marriage Preparation - Rm 110

TUESDAY, February 21...Weekday

7am Mass/Devotions
ff Coffee & Doughnuts - Rm 110
12pm Mass/Devotions
3:30pm St. Cecilia Choir Practice
NO RCIA/Children
NO RCIA/Adults
7pm Boy Scouts - Rm 207

WEDNESDAY, February 22...Ash Wednesday

7am Mass with Distribution of Ashes
9am Women's Bible Study - Rm 108
12pm Mass with Distribution of Ashes
5pm Mass with Distribution of Ashes
NO Faith Formation Classes

THURSDAY, February 23...Lenten Weekday

7am Mass
12pm Mass
6pm Baptismal Preparation - Rm 110

FRIDAY, February 24...Lenten Weekday

7am Mass
ff Mass Adoration of Blessed Sacrament - Holy
Family Chapel
10am Sacred Heart League - Rm 110
12pm Mass
3:30pm Prayers for Peace/Military
5pm Stations of the Cross - Cathedral

SATURDAY, February 25...Lenten Weekday

8:30am Rosary for Vocations
9am Mass
ff Mass until 11am Sacrament of Reconciliation
12pm Rite of Election Practice
5pm Mass

SUNDAY, February 26...First Sunday of Lent

7:30, 9:00 and 11:00 a.m. Mass
9am Rite of Sending
12:15pm Cathedral Choir Practice
3pm Rite of Election

ATTENTION: Please be cautious and use the hand rail on the steps going in and coming out of the Cathedral. We do our very best to keep the area clear but sometimes the weather is such that it makes it impossible. Thank you for your cooperation and understanding.

Marriage Saving - the Post Session Phase - The post-weekend phase of Retrouvaille is as crucial to the healing of a troubled marriage as the initial weekend experience. During the post-weekend sessions, the weekend technique is further developed and combined with additional tools to explore other areas of the marriage relationship. For confidential information about, or to register for the weekend on March 9 - 11, call 1-800-470-2230 or 406-761-4830 or email: montana@retrouvaille.org.

Retrouvaille is **NOT** just for marriages in distress or for those considering divorce. Perhaps you would like to rekindle the love or communicate better in your marriage.

Website: www.HelpOurMarriage.com



Day Center Remodel

We need you! Family Promise of Greater Helena has secured funding and our remodel project is moving forward. If you have time and/or skills to contribute to making our day center a more comfortable place, please call our project manager, Tim, at 442-9733.

Volunteers Needed

There are many opportunities to volunteer with this ministry including dinner/evening hosts, overnight hosts, Sunday set-up and take-down, as well as donating meals. Volunteers are the heart of the program. Interested in volunteering? Please contact the Parish Office at 442-5825.



MISSIONARY WORKER

The Roman Catholic Diocese of Helena is seeking a Missionary Worker for Pastoral Services at the Guatemala Mission. If you have a calling to promote spiritual growth within the lives of others, support social justice and provide community outreach, this may be just the position for you.

The position is primarily that of a youth minister. The Missionary Worker would be come involved in the local parish youth ministry program in Santo Tomas Apostol and surrounding communities, developing ways to bring youth ministry to bear at the institute LaAsuncion for the benefits of the internados.

If this would be of interest to you to be part of the Diocese and its commitment to the world faith community, please apply online at www.diocesehelena.org. Click on resources and then employment. The application is located on the right hand side of the page. Fill out the application form and send to the Diocese of Helena, Attn: Carmae Fawaz, P. O. Box 1729, Helena, 59624, or fax 442-5191. For more information or a position description, please contact Carmae at 442-5820. This position will remain open through March 30, 2012.



WOULD YOU LIKE TO HELP?

If you are interested in sharing your time and talents with a worthy organization, the Good Samaritan Store is just the place for you! Good volunteers are needed to donate their time to our Store. For more information or questions, contact Kelli Clark at 442-0780.

