



Cathedral of Saint Helena Newsletter

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February 2012

LENT BEGINS FEBRUARY 22, 2012

The Meaning...On Ash Wednesday, from dawn until evening, men and women on their way to or from work, mothers with infants and toddlers in hand, teens, and school children crowd the church to be marked with a cross of ashes on their foreheads. It is as if, even before they have listened to the First Reading, they have heard the prophet Joel's cry to call an assembly and gather the congregation. Many have suggested why this day is so important to Catholics, but what is incontrovertible is that the rituals and prayers of Ash Wednesday call people to remember that being a Christian is serious business. The exhortation, "Repent, and believe in the Gospel," strikes at the heart of the meaning of Lent. The older, more traditional formula, "Remember that you are dust, and to dust you shall return" (note the slight revision in the text of the third edition of the Missal), is a helpful reminder that our lives on earth are bounded in time, and that we are responsible for how we use this gift of our life.

The word *Lent* or *Lenten* is derived from the Old English *lencten*, which means "spring" a time associated with new life and renewal. Just as in nature, the transformation from winter to spring is not instantaneous, so our conversion and growth in the life of Christ requires work and time. While not numerically accurate, the common reference to Lent as the Forty Days underscores its spiritual character.

The number 40 calls to mind our biblical ancestors who spent 40 days or 40 years wandering, searching, waiting, and listening for God. The Gospel for the First Sunday of Lent speaks of the Spirit driving Jesus into the desert, where he will be for 40 days. In addition, we can remember how the Israelites wandered in the desert for 40 years before they arrived in the Promised Land, and how the prophet Elijah walked for 40 days and nights before he encountered God in the still, small voice on Mount Horeb.

This liturgical time is set apart for personal reflection and spiritual preparation for receiving the light and life of Christ in Baptism at the Easter Vigil. For all of us, Lent is an opportunity to cleanse ourselves of those things that impede our living more fully our Christian vocation. By listening carefully to the scriptures of the liturgical time and participating in the traditional communal Lenten disciplines of prayer, fasting and almsgiving, we prepare ourselves for the journey into love, that is, into the heart of the Christian mystery.

INSIDE...

Page 2

*Quilt Recipient
Ash Wednesday Schedule
Parish Personnel*

Page 3

*Rite of Christian Initiation
Rite of Sending/Election
Parish Mission*

Page 4

Sundays of Lent

Page 5

Daily Lenten Schedule

Page 6

Calendar

One of the recipients of the quilts, made by our Middle School students, shares her gratitude with a note to parishioner, Cheri Wing...



*Hi Cherie,
Would you pass along my thanks to the quiltmakers. It's wonderful to be covered in warmth and love, wherever I am in the house. Joan and I have two blankies in the living room and two in the hobby room. So truly, we're covered!
Love and Gratitude,
Mary*

ASH WEDNESDAY (February 22) SCHEDULE FOR AREA PARISHES

Cathedral of Saint Helena

7:00 a.m. Mass with Ash Distribution
12:00 p.m. Mass with Ash Distribution
5:00 p.m. Mass with Ash Distribution

Saint Mary Catholic Community

12:10 p.m. Mass with Ash Distribution
5:30 p.m. Mass with Ash Distribution

Ss. Cyril and Methodius

12:10 p.m. Mass with Ash Distribution
7:00 p.m. Mass with Ash Distribution

Our Lady of the Valley Parish

7:00 p.m. Mass with Ash Distribution



A LOOK AT THE PERSONNEL WHO SERVE THE CATHEDRAL PARISH FAMILY

Danny Corbett, Maintenance Engineer, has been with the Cathedral for 26 years serving in that capacity. Danny is a man of many hats and talents. In addition to maintaining the Cathedral building itself, i.e. boilers, (he has his boiler's license), replacement of lights, climbing into the towers to check the bells, set-ups for all the Parish functions held in the Brondel Center, assisting with the decorating of the Cathedral (canopy, banners, etc.) maintaining the boiler in the Cathedral Center, overseeing all work done in that building, and, on occasion will assist with answering the office telephone. Danny also takes care of the grounds as the season dictates - snowplowing, mowing, trimming of bushes and trees, cognizant of lights outside with maintenance of the automatic timer, etc. in both the grounds surrounding the Cathedral as well as the parking lot to the west.

Now, let's talk about Stewardship. Danny has



devised a material roller to roll and store the yards and yards of material contained in the canopy and banners. The canopy in the past would take 8 hours to take down and roll

up for storage. The new 'Material Roller' has adjustable dimensions and resembles a mangle or wood lathe. It is made from bed frames, an ice cream maker motor, one roller skate wheel, various nuts, bolts, and springs along with other odds and ends. Danny said it took one-and-one-half hours to make at a total cost of approximately \$1.00. This has saved many hours of work and since it had to be done by hand, rolling the material out in the center aisle of the Cathedral, which took eight hours, had to be done after the Cathedral was locked which meant overtime hours.

He has also devised a pole with which he puts the banners on the pillars for the various liturgical seasons, thus eliminating the 100' ladder that had to be used before.

As stated in the previous paragraph, he wears many hats. Danny joins three other men as the drummer for the music group, *Gramaphat*.

And, in his spare time, he has built a home overlooking Canyon Ferry Lake which his wife Theresa, son Colin, daughter Amber and granddaughter Saffron as well as many of his extended family enjoy.

RITE OF CHRISTIAN INITIATION

RITE OF SENDING/RITE OF ELECTION

For those who are elected for full initiation at the Easter Vigil, Lent is the final period of preparation. The period of purification and enlightenment is the time the Elect are purified as they prepare more intensely and prayerfully for their Baptism and Full Initiation. It is also the time when they are further enlightened as to whom Jesus Christ is and the salvation that He offers them. The primary way that this purification and enlightenment is to take place is within the liturgical rites that are celebrated throughout Lent at Sunday Mass, perhaps the most public for those who are elected as they make up their final preparation.

The first of these celebrations takes place on the First Sunday of Lent with the Rite of Sending and then the actual Rite of Election. These rites mark a profound moment in the process of Initiation. Those who were known as Catechumens are now 'the Elect' -- that is, those who have been elected by God to be initiated into the death and Resurrection of his Son, Jesus Christ.

The Rite of Sending the Catechumens for Election is the first public liturgical rite of the RCIA since the Rite of Acceptance when they publicly witnessed to their journey of faith. This rite concludes the period of the catechumenate and it normally takes place at Mass on the First Sunday of Lent, the day on which the parish sends the Catechumens to the Cathedral for election by the Bishop. ***The Rite of Sending for the RCIA participants at the Cathedral will take place during the 9:00 a.m. Mass on February 26th.***

The Rite of Sending presumes that the Catechumens for Election have discerned readiness over a period of time.

Only the names of the Catechumens are recorded in the Book of the Elect. The baptized candidates for reception into the Full Communion of the Catholic Church do not sign this Book. Candidates for Full Initiation have already been baptized into the death and Resurrection of Jesus Christ. As such, their names are already recorded among the Elect.

In the Rite of Election the Bishop relies on the testimony of the Pastors, Parish Staff, the gathered faithful and above all on the testimony of the God parents as to the readiness of the Catechumens. After

receiving their testimony, the Bishop, in the name of Christ's Body, the Church, formally elects the Catechumens for Baptism

The Scrutinies of the Elect are celebrated on the Third, Fourth and Fifth Sundays of Lent. These are rites of purification that ask for strength for the Elect as they prepare for Baptism and Full Initiation. Because of this, they are specifically for the unbaptized.

The heart of the Rites of Scrutiny is the proclamation of the Gospels according to St. John: the woman at the well, the man born blind, and the raising of Lazarus. Undoubtedly, even the early Church used these Gospels for the Scrutinies. In a very real way, these Gospels act to shine on the lives of the Elect, revealing and illuminating the areas of their lives where the Elect are dry and barren and need the life-giving water of Christ; where they are blind and need the light of Christ in order that they may see the truth; where they experience death in their lives and need the new life to which Christ calls them.

At the same time, these readings act to reveal and illumine Christ as the one who can give them this life-giving water; this light, this new life. In short, these readings reveal to the Elect and to the Church (the baptized) Christ as the Savior and Redeemer. These rites are meant to reveal to the Elect just where in their lives they need to be purified. At the same time, these rites are meant to reveal to the Elect the goodness they possess in God and in the rite we ask that this goodness is strengthened.

There are two rites during the Lenten period that take place outside the context of the Sunday Mass: the Presentation of the Creed and the Presentation of the Lord's Prayer. During these rites, the treasures of our tradition are given to the Elect; the gifts of faith (the Creed) and prayer (the Lord's Prayer). The Creed and the Lord's Prayer are what unite all of Christendom.

At the Easter Vigil, April 7th, nineteen adults and five teens will have completed their RCIA Journey and will receive Sacraments

All are invited to welcome these 19 adults and 5 teens to our Cathedral Parish Family.

PARISH LENTEN MISSION

ON MARCH 19, 20, 21 AND 22, JOHN FENCIK, DIOCESAN DIRECTOR OF RELIGIOUS EDUCATION, WILL PRESENT A LENTEN MISSION FOR OUR PARISH ENTITLED, "FROM DEATH INTO FULLNESS OF LIFE IN CHRIST." WE WILL HAVE TWO SESSIONS EACH DAY, 1:00 P.M. AND 7:00 P.M. IN THE BRONDEL CENTER.

MAKE PLANS NOW TO JOIN US.

CATHEDRAL OF ST. HELENA

The Season of Lent

2012

The annual Lenten Season is the fitting time to climb the holy mountain of Easter...

For forty days and nights we pray, fast and give alms so that we may embrace the Cross and enter into its mystery. Then once again we will sing with a clean heart, with abundant joy the *Alleluia on that Night of Nights, the Easter Vigil of Resurrection Glory!*

ASH WEDNESDAY

February 22, 2012

7:00 a.m.....Mass with Blessing & Distribution of Ashes

12:00 p.m.....Mass with Blessing & Distribution of Ashes

5:00 p.m.....Mass with Blessing & Distribution of Ashes

6:00 p.m.....Mass with Blessing & Distribution of Ashes - St. Theodore, AVON

Mondays of Lent

Daily Mass - 7:00 a.m. and 12:00 p.m.

Tuesdays of Lent

Daily Mass - 7:00 a.m. and 12:00 p.m.

Wednesdays of Lent

Daily Mass - 7:00 a.m. and 12:00 p.m.

Thursdays of Lent

Daily Mass - 7:00 a.m. and 12:00 p.m.

Fridays of Lent

Daily Mass - 7:00 a.m. and 12:00 p.m.

ff Adoration of the Blessed Sacrament - Holy Family Chapel

Stations of the Cross - 5:00 p.m.

Saturdays of Lent

Daily Mass - 9:00 a.m.

Individual Rite of Reconciliation - following Mass until 11:00 a.m.

Chrism Mass

5:00 p.m., Thursday, March 29

All are welcome!

The Sundays of Lent - 2012

First Sunday of Lent

February 25 and 26, 2012

Saturday
5:00 p.m.....Mass
Sunday
7:30, 9:00 and 11:00 a.m.....Mass
9:00 a.m.....Rite of Sending
3:00 p.m.....Rite of Election

Second Sunday of Lent

March 3 and 4, 2012

Saturday
5:00 p.m.....Mass
Sunday
7:30, 9:00 and 11:00 a.m.....Mass

Third Sunday of Lent

March 10 and 11, 2012

Saturday
5:00 p.m.....Mass
Sunday
7:30, 9:00 and 11:00 a.m.....Mass
9:00 a.m.....First Scrutiny of Elect

Fourth Sunday of Lent

March 17 and 18, 2012

Saturday
5:00 p.m.....Mass
Sunday
7:30, 9:00 and 11:00 a.m.....Mass
9:00 a.m.....Second Scrutiny of Elect

Fifth Sunday of Lent

March 24 and 25, 2012

Saturday
5:00 p.m.....Mass
Sunday
7:30, 9:00 and 11:00 a.m.....Mass
9:00 a.m.....Third Scrutiny of Elect


PARISH MISSION

March 19, 20, 21, and 22, 2012

1:00 p.m. and 7:00 p.m. in the Brondel Center

Presenter: John Fencik, Diocesan Director of Religious Education

Topic: "From Death Into Fullness of Life in Christ"

SUN	MON	TUES	WED	THURS	FRI	SAT
			1 7am Mass 9am Bible Study 12pm Mass 3:30pm FF Gr K-5 5:45pm FF Gr 1-8 6pm FE Parents Mtg	2 7am Mass 12pm Mass 7pm Boy Scout Award	3 7am Mass ff Adoration Bless Sac 11am Hearts/Humans 3:30pm Prayer for Peace/Military	4 8:30am Rosary for Vocations 9:30 until 11am Sac of Recon 2pm Girl Scouts 5pm Mass Baptism
5 7:30, 9 & 11 am Mass 8am HS/Conf Souper Bowl 9am Lit of Wd/Chil 12:15 Cath Choir	6 7am Mass 7pm Marr Prep 7pm Boy Scouts Court of Honor	7 7am Mass/Devo ff Coffee/ Donuts 12pm Mass/Devo 3:30pm Chil Choir 5:30pm RCIA/Chil 6pm RCIA	8 7am Mass 9am Bible Study 12pm Mass 3:30pm FF Gr K-5 5:45pm FF Gr 1-8	9 7am Mass 12pm Mass 6pm First Reconciliation 7pm Family Promise 7pm Boy Scouts 7pm Living Stones Mtg	10 7am Mass ff Adoration Bless Sac 3:30pm Prayer for Peace/Military	11 7am Extraordinary Min of Holy Comm. Trng 8:30am Rosary for Vocations 9am Mass/Comm of E.M. ff Mass until 11am Sac of Recon 5pm Mass ff Baptism
12 7:30, 9 & 11 am Mass 9am Lit of Wd/Chil 10:15 Conf Class 12:15 Cath Choir 6pm HS/Conf FF 6pm Boy Scouts	13 7am Mass 7pm Marr Prep	14 7am Mass/Devo ff Coffee/Donuts 12pm Mass/Devo 3:30pm Chil Choir 5:30pm RCIA/Chil 6pm RCIA 7pm Boy Scouts	15 7am Mass 12pm Mass 3:30pm FF Gr K-5 5:45pm FF Gr 1-8	16 7am Mass 12pm Mass 12:30pm FC & PC Csl 7pm Bread for Journey	17 7am Mass ff Adoration Bless Sac 8am Vigil for Life 3:30pm Prayer for Peace/Military	18 8am Vigil for Life Ends 8:30am Rosary for Vocations 9am Mass ff Mass until 11am Sac of Recon 5pm Mass ff Baptisms
19 7:30, 9 & 11 am Mass 9am Lit of Wd/Chil ff 11 Baptisms 12:15 Cath Choir	20 7am Mass 6:30pm Ultreya 7pm Marr Prep	21 7am Mass/Devo ff Coffee/Donuts 12pm Mass/Devo 3:30pm Chil Choir 7pm Boy Scouts	22 ASH WEDNESDAY 7am Mass/Ashes 9am Women Bible Study 12pm Mass/Ashes 5pm Mass/Ashes	23 7am Mass 12pm Mass 6pm Bap Prep	24 7am Mass ff Adoration Bless Sac 10am Sacred Ht Lg 3:30pm Prayer for Peace/Military 5pm Stations of Cross	25 8:30am Rosary for Vocations 9am Mass ff Mass until 11am Sac of Recon 2pm Rite of Elec Practice 5pm Mass
26 7:30, 9 & 11 am Mass 9am Lit of Wd/Chil 9am Rite of Sending 12:15 Cath Choir 3pm Rite of Election	27 7am Mass 7pm Marr Prep 7pm Boy Scouts	28 7am Mass/Devo ff Coffee/Donuts 12pm Mass/Devo 3:30pm Chil Choir 5:30pm RCIA/Chil 6pm RCIA 7pm Boy Scouts	29 7am Mass 9am Bible Study 12pm Mass 3:30pm FF Gr K-5 5:45pm FF Gr 1-8	 PRAYER FASTING ALMSGIVING		

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